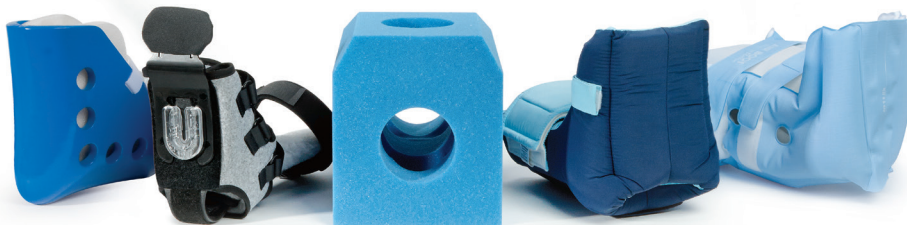


Heel Pressure **RELIEF** AND Positioning **Solutions**



Solutions for **every** need



An excess of \$25 billion is spent annually on treatment of chronic wounds.¹ Heel pressure wounds account for over 30% of this—that’s over \$7.5 billion!

AliMed understands the day-to-day challenges you face and how critical it is to manage heel protection. Based on feedback of valued customers, our engineers developed effective solutions to help address your biggest challenges—footdrop prevention, product cost, compliance, care and cleaning, and risk of secondary injury.

AliMed Heel Protection Products offer quality solutions for every budget with both premium and value options—from hard-shell Wound Care & Contracture Boots to soft, protective Skin Sleeves & Pads. In addition to our own trusted brand, we also sell a selection of recognized brands for your convenience.

For managing footdrop prevention and cross-legged injury concerns, AliMed provides two premium skin-safe **Wound Care & Contracture Boots**: MultiBoot™ X-Cel™ featuring a shell with all smooth edges and the MultiBoot™ Xtra™ with a fully padded shell, inside and out. When budget constraints present a challenge, AliMed continues to offer the affordable MultiBoot™ Standard.

Our expansive line of **Soft Heel Suspension Boots** combines footdrop protection with premium heel protection. Many accommodate basic needs for daily care, like low-friction exteriors for ease of bed mobility and wipe-clean surfaces for convenience.

When heat buildup and poor compliance are an issue, consider a **Heel Suspension Positioner** for increased airflow and easy access for skin inspection and dressing changes; and when prevention is the goal, depend on our **Heel Pillows** and **Skin Sleeves & Pads** to meet your needs.

Trust AliMed to be your source for ALL your heel protection needs.

1. Brem H, Stojadinovic O, Diegelmann RF, Entero H, Lee B, Pastar I, Golinko M, Rosenberg H, Tomic-Canic M. Molecular markers in patients with chronic wounds to guide surgical debridement. *Mol Med*. 2007;13:30-9.

2. Fowler E, Scott-Williams S, McGuire JB. Practice recommendations for preventing heel pressure ulcers. *Ostomy Wound Management*. 2008;54(10):42-48.

3. Almlung SR, Miller WL, Bosley LM. *Adv Skin Wound Care*. Nov/Dec 2001;14(6):297-301.

“The heels are the most common site for **pressure ulcers** in long-term care facilities, and the second most common site for pressure ulcers overall.”²

“Of all pressure ulcers, **30.3%** develop on the **heels** and **6.1%** on the **malleolus (ankle bone)**.”³



For comprehensive heel-pressure relief, consider skin integrity, mobility, nutrition, sensation, and other factors to choose the right option

Always remember the fragile lateral malleolus should be protected in side-lying positions or with excessive external rotation

AliMed® Heel Protection Products

<p>Wound Care & Contracture Boots p. 4</p> <ul style="list-style-type: none"> • Recommended for individuals with a Braden Scale score ≤18 • Excellent footdrop protection/contracture management with options for transferring/ambulation • Good access for heel inspection 	<p>Soft Heel Suspension Boots p. 6</p> <ul style="list-style-type: none"> • Best for users at high risk for breakdown or with existing heel ulcers and fragile skin • Provide moderate footdrop protection and secure positioning • Allow easier bed mobility with low-friction exteriors 	<p>Heel Suspension Positioners p. 7</p> <ul style="list-style-type: none"> • Improved airflow and reduced heat buildup as compared to boots • Varying footdrop protection depending on model with options for increased lateral support • Unique designs to meet individual needs: full access for dressing changes, low-profile options 	<p>Heel Pillows p. 7</p> <ul style="list-style-type: none"> • Ideal for low-to-moderate risk for heel ulcers • Provide minimal footdrop protection and protect vulnerable malleoli • Lower profile than boots for improved compliance with lower risk residents 	<p>Skin Sleeves & Pads Back Cover</p> <ul style="list-style-type: none"> • Protect heels and elbows from friction and pressure in low-risk individuals • Reduce pressure with gel or foam pads on bony areas • Offer breathability without restricting blood flow

AliMed® MultiBoot™ Family

The **MultiBoot** is a clinician's best choice for maximum protection and heel pressure relief. This exceptional line of Wound Care & Contracture Boots fully suspends the heel, eliminating pressure and allowing optimal airflow—all while keeping the foot and ankle in a neutral position to help avoid a footdrop contracture. Unlike soft boot models, AliMed hard-shelled boots maintain the foot and ankle in proper alignment, even when there is moderate flexor tone present.

Choose from three models: the fully padded **MultiBoot™ Xtra™** for extra moisture control and airflow, the skin-safe **MultiBoot™ X-Cel™** with all smooth edges and built for safe ambulation, and the budget-friendly **MultiBoot™ Standard™**.

Did you know? AliMed carries other recognized brands in addition to a wide selection of our own trusted product line! Looking for a particular brand or item? Just ask. For one-stop convenience, let AliMed be your supplier of choice.

MultiBoot™ Standard & Xtra™ Sizing:

Sizing: S, up to Wmns 8; M/L, Wmns 8½-11, Mens 7-10½; XL, Mens 11+.

MultiBoot™ X-Cel™ Sizing:

Sizing: S/M, up to Wmns 8, Mens 6½; L, Wmns 8½-11, Mens 7-10½; XL, Wmns 11½-12½, Mens 10+.

Affordable contracture and wound-care boot

MultiBoot™ Standard

- Synthetic fleece liner swaddles foot and ankle
- Heel is fully suspended for complete pressure relief
- Semi-flexible shell protects against footdrop and helps manage contracture

63145 Small
6962 Medium/Large

Sizing info below, left.



Optimizes airflow to aid in healing

MultiBoot™ Xtra™

- Fully padded shell with moisture-wicking liner keeps skin cool and dry
- Soft exterior protects against cross-legged injury
- Rigid shell holds foot in neutral position for optimal contracture management

66452* Small
66452* Medium/Large
66453 X-Large

**Specify Small or Medium/Large. Sizing info at left.*



Skin-safe shell protects against injuries and is safe for ambulation

MultiBoot™ X-Cel™

- Smooth, rounded edges protect against cross-legged injury and move smoothly on bedding
- Rigid plastic shell holds foot in neutral for optimal contracture management
- Allows safe transfers, even with outsole removed
- Engineered for balance and stability—safe for limited ambulation

64940* Small/Medium
64940* Large
64940* X-Large

**Specify Small/Medium, Large, or X-Large. Sizing info on p.4.*



Other products also available [Full product details at AliMed.com](http://AliMed.com)

Comfy™ Contracture Boots



64734

Multi Podus® Orthoses



62381

MPO 2000® with Transfer Attachment



66438

MPO 2000 Active®



66439

Soft Heel Suspension Boots

Soft comfort with footdrop prevention

For patients with fragile skin or those with existing heel ulcers, we recommend AliMed® Soft Heel Suspension Boots with premium lower-leg and heel protection combined with moderate footdrop prevention. These boots eliminate heel pressure and subsequent skin breakdown, and help guard against footdrop.

Choose from a variety of boots, ranging in support, amount of airflow, moisture-wicking quality, washability, rotation control, and smooth exterior material for ease of bed mobility.

Generous padding, good airflow plus rotation control

Heel-Up Foot Positioner

- Smooth, breathable, antimicrobial-treated interior protects fragile skin
- Low-friction exterior for bed mobility
- Wide, padded straps protect shin and forefoot

65948	Standard
6594806	Standard, 6/cs
65949	Bariatric
6594906	Bariatric, 6/cs
65950	Anti-Rotation Bar



Adjustable heel elevation



HEELIFT® Suspension Boot

- Convoluted foam for increased air circulation
- Smooth foam for extra-sensitive skin
- Bariatric size available

66016	Smooth, Petite
6601606	Smooth, Petite, 6/cs
66015	Convoluted, Petite
6601506	Convoluted, Petite, 6/cs
63261	Smooth, Standard
6326106	Smooth, Standard, 6/cs
62884	Convoluted, Standard
6288406	Convoluted, Standard, 6/cs
66017	Smooth, Bariatric
6601706	Smooth, Bariatric, 6/cs

Excellent airflow to heel

Air Boot

- Lightweight, deflates for compact storage
- Wipe-clean exterior
- Smooth flannel interior for comfort

66160*	Inflated
6616006*	Inflated, 6/cs
66223	Repl. Pump, 2/pk

*Includes one free pump (not shown)



Cooling gel insert helps soothe

Original Heel-Float™

- Cozy Cloth™ cover reduces friction
- Flat base helps with rotation control

503034	Small
503035	Medium
503036	Large/Bariatric



Positioners and Pillows

Heel Suspension Positioners help reduce heat buildup

When perspiration and heat buildup occur, the risk increases for poor compliance or worse, pressure injuries. AliMed Suspension Positioners help improve airflow and reduce heat buildup to improve skin integrity and comfort. Similar to boots, our positioners combine full heel pressure relief and allow easy access to the heel for skin inspection, treatments, and dressing changes.

Heel Pillows provide comfortable pressure reduction

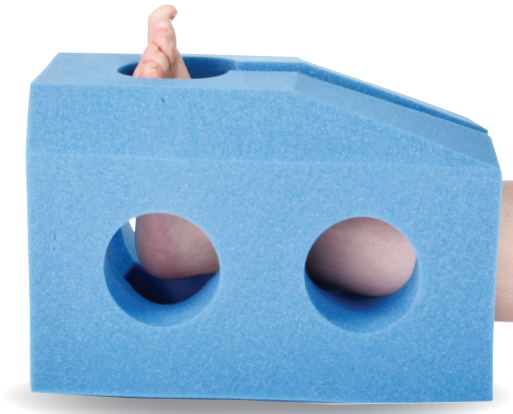
For basic heel protection against skin injuries, we recommend our pillows and cushions for more effective heel suspension, protection, and stabilization than resting on a bed pillow.

Protection in supine or side-lying positions

Foot Stabilizer

- Protects malleoli and heel in supine or on side
- Limits rotation
- Elevates heel slightly

60608	Foot Stabilizer
60609	Foot Stabilizer, 4/cs



Sturdy vinyl boot positions foot

Heel Boot and Foam Protector

- Supports heel and positions foot
- Replaceable convoluted foam protector
- Use foam protector alone or with boot

64044	Boot and Foam Protector
6681	Foam Protector, pr
66076	Coated Boots, pr



Elevates lower extremities while relieving pressure

Heels-Off

- Convoluted foam allows air to circulate
- Contours relieve pressure on Achilles and knees

<i>Small: 24"W x 3½"-5"H x 13"D</i>	
<i>Med./Lg.: 24"W x 5½"- 7"H x 16"D</i>	
503151	Small
503150	Medium/Large



Low-friction exterior improves bed mobility

FootPillow

- Sanitized® AG antimicrobial-treated microsuede interior
- Supports heel and protects Achilles
- Bariatric size available

65935	Standard
65936	Standard, 6 pr/cs
65382	Bariatric
65942	Bariatric, 6 pr/cs



Gel-infused memory foam redistributes pressure

Protekt® Heel Loft Pillow with VGPT™

- Completely offloads heel pressure to help heal and prevent injuries
- Fluid-resistant, antimicrobial, antibacterial nylon cover
- Nonskid bottom

67141	Heel Loft Pillow
67142	Heel Loft Pillow w/Gel Bladder



Skin Sleeves & Pads

Protect heels or elbows from friction and pressure

For basic protection against skin breakdown, we recommend our wearable, washable, low-profile sleeve protectors. Choose from options that feature removable foam or cooling gel inserts to pad and protect vulnerable heels, ankles, or elbows from friction and pressure.

Available with foam or gel inserts

Heelbo® Heel and Elbow Protectors

- Use to protect heels and elbows
- Standard model features double-layered foam pads
- Premium model has viscoelastic gel pads

Sizing: Measure largest circumference of arm or ankle.



Standard

- 6419 Sm, Yellow, fits 16" circ.
- 6420 Med, Blue, fits 17" circ.
- 6421 Lg, White, fits 19" circ.
- 6424 XL, Green, fits 23" circ.
- 65308 XXL, Beige, fits 25" circ.

Premium

- 66053 Med, Blue, fits 17" circ.
- 66055 Lg, White, fits 19" circ.
- 66057 XL, Green, fits 23" circ.

Visit AliMed.com today for a complete selection of AliMed® Skin Protection Products

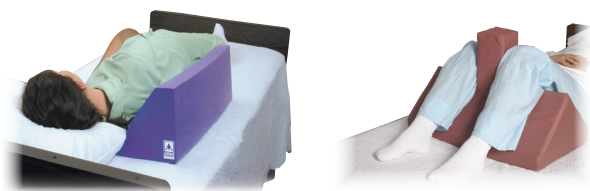
Sleep Surfaces



Wheelchair Cushions



Positioners



Topicals and Dressings



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Any order placed before 3 p.m. EST, if in stock, ships the same day!
Prices, product availability, and specs are subject to change.

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